

# UNG D i a l o g



## Purpose of Ung Dialog (Talking Youth)



That young danes attains **knowledge** about the use of contraceptives, STD's, tobacco, alcohol and drugs

That young danes attains healthpromoting **attitudes** towards use of contraceptives, tobacco, alcohol and drugs

That young danes attains healthpromoting **skills and competence** to act in situations involving use of contraceptives, tobacco, alcohol and drugs

## The topics and the target population



6.-7. grade (age: 12-14) on tobacco

7.-10. grade (age: 13-17) on sex

7.-10. grade (age: 13-17) on alcohol (and drugs)

7.-9. grade (age: 13-16) alcohol and parent-contracts

### **Allways on the agenada:**

Social norms, Peer pressure, responsibilities

### **Allways mentioned:**

Possible consequences, relevant facts (eg. Blood alcohol level compared to intake)

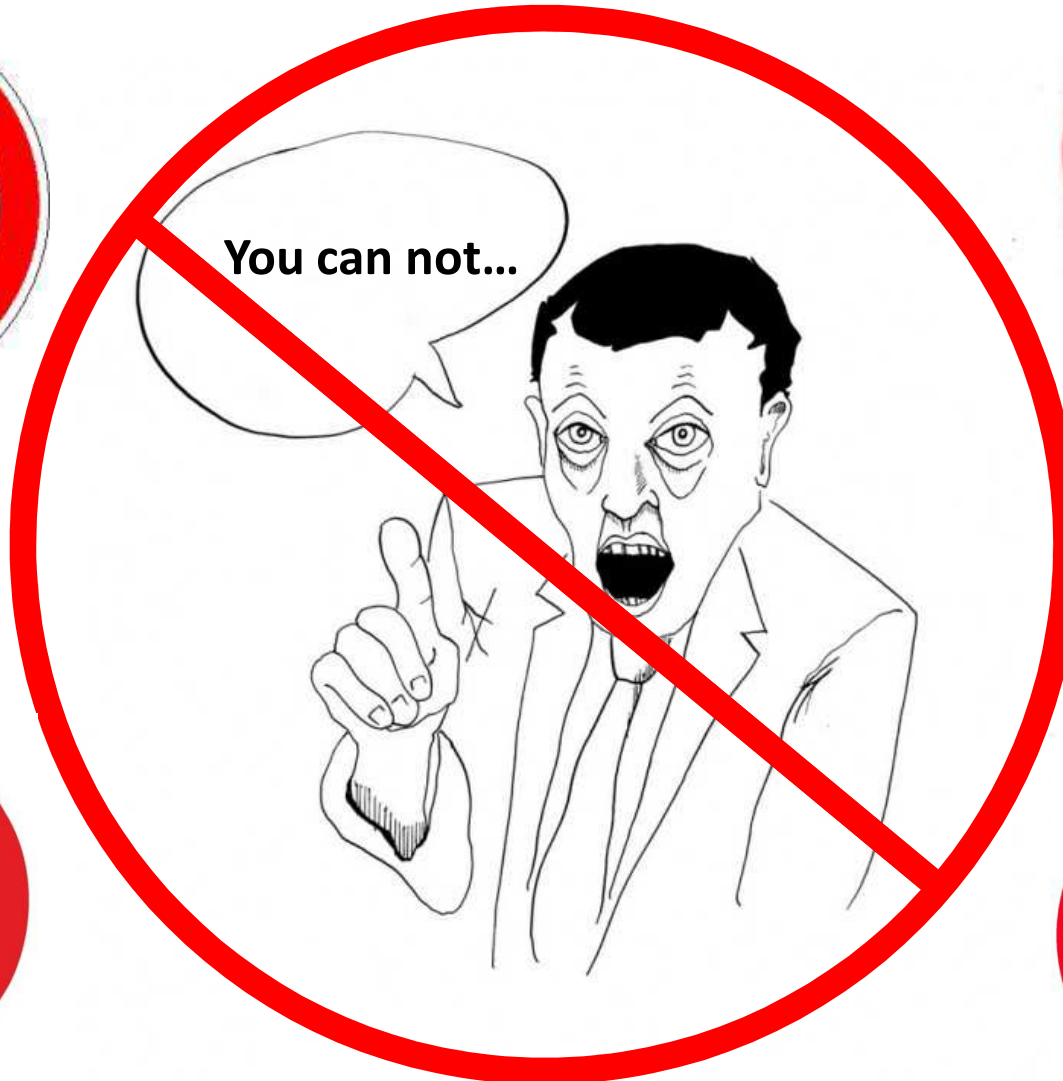
# Peer education





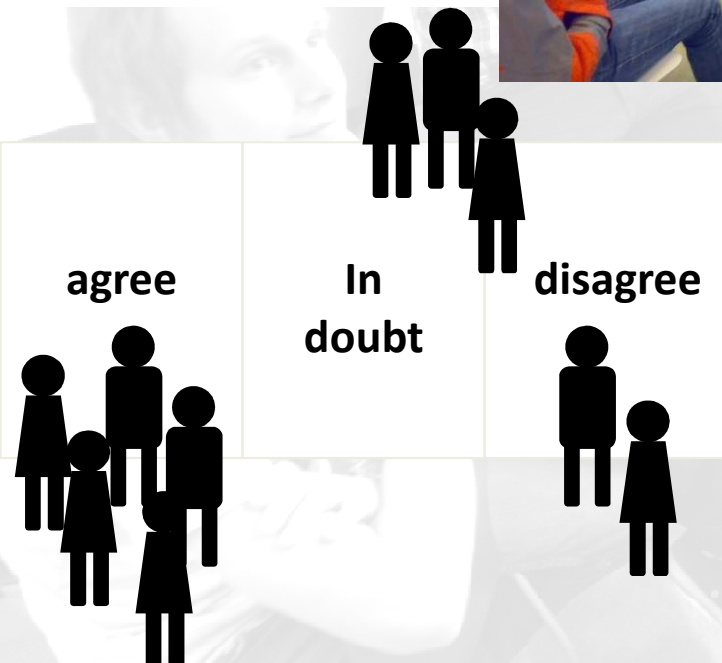
Nothing is prohibited in class...

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# The tools

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# Organization of Ung Dialog



**Youth  
guides**

**Office:**  
**Project Coordinator**  
**Junior project assistant**

**Contact assistants**

**Approx. 250 volunteers from 8 highschoools**





# Booking via [www.ung-dialog.dk](http://www.ung-dialog.dk)



The screenshot shows the homepage of the UNG Dialog website. At the top left is the logo. To the right are links for "Forside" and "Kontakt os". Below these is a breadcrumb trail "DU ER HER: FORSIDE /". A horizontal navigation bar contains links: "OM UNG DIALOG", "DIALOGMØDER", "BOOKING", "FOR ELEVEN", "FOR LÆREREN", "BESLUTNINGSTAGERE", and "KURSER FOR PROFESSIONELLE". The main content area features a large graphic with silhouettes of a person standing and another jumping, set against a background of vertical color bands (pink, grey, blue). To the right of this graphic is a text block describing the initiative and a "Læs mere" link with a right arrow. Below the main graphic are three featured sections: "BOOKING" with a calendar graphic, "DIALOGMØDER" with a graphic of two people talking, and "FORÆLDREDIALOG" with a graphic of a family. The footer contains the logo for "Komiteen for Sundhedsoplysning".

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Forside Kontakt os

DU ER HER: FORSIDE /

OM UNG DIALOG DIALOGMØDER BOOKING FOR ELEVEN FOR LÆREREN BESLUTNINGSTAGERE KURSER FOR PROFESSIONELLE

UNG Dialog er et forebyggelsesinitiativ i øjenhøjde, der bygger på ligestilling og refleksion.

UNG Dialog er unge, der snakker med yngre om seksualitet, fester, alkohol og rygning.

Læs mere >

> BOOKING

> DIALOGMØDER

> FORÆLDREDIALOG

Komiteen for Sundhedsoplysning



## Evaluation



- 69 % of students have gained new knowledge.
- 46 % of students have new positive attitudes towards contraceptive use.
- 60 % of students feel better equipped to handle situations involving sex, alcohol and drugs.
- 70 % of students would recommend Ung Dialog to peers.

*Reference: Evaluering af Ung Dialog 2007 – virkning og metode. Komiteen for Sundhedsoplysning*